



Contact: LAVIDGE
480-998-2600
Jennifer Whittle x551
jwhittle@lavidge.com

Timber Ridge at Talus Expands Independent Living,
Amenity and Health Center Offerings with Phase II Completion
Life Plan Community Opens \$154.5 million Phase II

ISSAQUAH, Wash. – Nestled at the base of Cougar Mountain in Issaquah, Wash., resort-style Life Plan Community Timber Ridge at Talus has recently completed its expansion with an additional 145 independent living apartment homes, an indoor swimming pool, a 190-seat multi-purpose auditorium and an expanded on-site Briarwood Health Center.

The \$154.5 million, Phase II at Timber Ridge brings the luxurious retirement community to a total of 329 independent living residences. Timber Ridge continues to be a popular choice with seniors from around the country drawn to the community's open and inviting mountain lodge design, welcoming environment with amenity-rich offerings, resident culture and progressive continuum of health care.

Included in the development of the second phase are assisted living apartments and memory care suites, added to the community's Briarwood Health Center. The Medicare-certified center additionally offers skilled nursing, physical therapy, occupational therapy and specialist services.

Timber Ridge also expanded its HealthyLife Services program including the wellness and fitness areas, added a new aquatic center, 190-seat state-of-the-art auditorium, expanded dining venues and underground parking, all exclusive to residents.

Additional amenities at Timber Ridge include a restaurant-style dining room, cocktail lounge, bistro and café, creative arts studio, putting green, bocce ball, library, woodworking shop, salon and business center.

Phase II apartment homes offer 15 residential floor plans, beautifully designed with mountainside and forest views featuring one- and two-bedroom plus den ranging from approximately 700 to 2,273 square feet. An array of these luxury apartment homes remains available.

"We are seeing more adults make the decision to move to a Life Plan Community where they can enjoy an active lifestyle and live free of home ownership responsibilities," said Jill White, marketing and sales director for Timber Ridge.

"Our residents boast that their social calendars are more robust than ever. We're excited to add these new additions to the community as we continually strive to build an environment where retirees can enjoy an abundant lifestyle, and continue to do the things they love while discovering new activities."

Built on 10 acres at Talus, a 630-acre master planned urban sanctuary situated at the base of Cougar Mountain amongst natural forest and mountain surroundings, provides the setting for the distinctively designed lodge-style Timber Ridge community. An abundance of wooden beams and natural stone blends with the area's scenic landscape with wrap-around terraces, large stone fireplaces and outdoor raised garden areas.

Timber Ridge represents the first senior living community in the nation to be awarded Silver LEED (Leadership in Energy and Environmental Design) by the U.S. Green Building Council and features sustainable design elements while adhering to the nationally established building standards approach to conserving energy.

The Class A LifeCare retirement community provides unlimited days of long-term health care services at a substantial savings compared to other health care options.

“Living at Timber Ridge also means more time for activities with friends and connecting with neighbors while enjoying an amenity-rich lifestyle -- a new generation in senior living where independence is enhanced with programs that offer choice for a healthy lifestyle and longer, happier life,” said White.

The developer and manager of Timber Ridge -- Life Care Services (LCS) -- is the nation’s leader in high-quality senior lifestyle services, and is the largest operator of Life Plan Communities. LCS and Westminster Funds, a veteran real estate investment firm, are the joint-venture partners and owners of Timber Ridge. The Weitz Company of Des Moines, Iowa served as the general contractor. Funding for Phase II was provided by National Health Investors, Inc. (NYSE: NHI.)

Timber Ridge is a Life Plan community that reflects the desire of the next generation of older adults to focus on living healthy and active lives today while putting a solid plan in place for the future should their health status change.

About Timber Ridge

Timber Ridge is a 329-residence Life Plan Community located in Issaquah, Wash., an eastern suburb of Seattle featuring resort-style amenities. The luxury retirement community focuses on overall well-being including fitness, nutrition and active lifestyles. Located in Talus, a master planned urban sanctuary at the base of Cougar Mountain, Timber Ridge is the first national senior living community to be awarded Silver LEED (Leadership in Energy and Environmental Design) by the U.S. Green

Building Council. Timber Ridge offers independent living apartment homes and the on-site Briarwood Health Center for a continuum of care. Industry leader Life Care Services and Westminster Funds are the joint-venture partners of Timber Ridge. Funding for Phase II was provided by National Health Investors, Inc. (NYSE: NHI.)

For more information, visit www.timberridgelcs.com or call 425-336-1506.

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