Timber Ridge at Talus Appoints New Medical and Nursing Directors

PHOENIX (Feb. 23, 2016) – Resort-style Life Plan Community Timber Ridge at Talus in Issaquah, Wash., has appointed Dr. Gurinder Sahi as medical director and Maureen Manlosa as nursing director.

Dr. Sahi has been practicing medicine for 20 years and joins Timber Ridge from Emerald Heights, a senior living community of Redmond, Wash. He will provide annual wellness exams, screening of heart disease and cancer, and management of chronic illnesses including hypertension, diabetes, arthritis and various skin conditions.

Board certified by the American Board of Internal Medicine, Dr. Sahi received his medical degree from GND University Amritsar in India and served his residency at Wright State University in Dayton, Ohio.

Maureen Manlosa has practiced nursing for 15 years and been with Timber Ridge since 2009 as assistant director of nursing. She will now be responsible for the development, organization and operation of nursing services and supportive services for the community’s onsite Briarwood Health Center.

As an active licensed and registered nurse in Washington, Maureen earned her degree from Casa Loma College in Los Angeles, Calif. She went on to earn her
bachelor and master of science degrees in nursing from Western Governors University in Salt Lake City, Utah.

Dr. Sahi and Manlosa will serve as key members of the Timber Ridge team to assist in the success of the thriving senior living community.

To learn more about Timber Ridge’s resort-style amenities and independent living options visit www.timberridgelcs.com. Also ‘Like’ Timber Ridge on Facebook to stay abreast of community happenings at https://www.facebook.com/timberridgelcs.

About Timber Ridge

Timber Ridge is a 184-residence retirement community located in Issaquah, Wash., an eastern suburb of Seattle featuring resort-style amenities with a second phase currently under construction. The luxury senior living community focuses on overall well-being including fitness, nutrition and active lifestyles. Located at the base of Cougar Mountain with 20,000 acres of natural surroundings, Timber Ridge offers independent living apartment homes and is the first national senior living community to be awarded Silver LEED (Leadership in Energy and Environmental Design) by the U.S. Green Building Council. Its onsite Briarwood Heath Center provides quality, comfort and convenience of continuum of care and short-and long-term skilled nursing.

For more information, visit www.timberridgelcs.com or call 425-336-1506.

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